

LiftMeUp
Electric Portable
Bed Recliner

USER'S MANUAL

**READ THIS MANUAL ENTIRELY
BEFORE INSTALLING AND OPERATING
YOUR BED RECLINER.
KEEP THIS MANUAL FOR FUTURE REFERENCE**

IMPORTANT SAFETY INSTRUCTIONS



To reduce the risk of serious injury, read the following important precautions before using the LiftMeUp recliner.

1. Use the LiftMeUp recliner only as described in this manual and only with the foam topper and accessories included.
2. The recliner has moving parts; serious injury can occur if not used properly. Keep hands, fingers and body parts away from the mechanism when it is in use.
3. Never use the LiftMeUp in a crib, to prop up a baby, or in a bed where babies or young children sleep.
4. Keep children and pets away from the recliner at all times.
5. Always use the safety strap provided to secure the LiftMeUp recliner to the surface it sits on.
6. Do not exceed the Maximum User Weight (275 lbs/125 kgs).
7. This product may not be adequate for people with balance deficits or neurological impairments. Consult your healthcare provider if you have any questions about the suitability of this product for your condition.
8. Use a bed rail of your choice if necessary.
9. The LiftMeUp recliner is intended for indoor use only.
10. Do not use the recliner if any of its components are wet, in water, around water or any liquid. Do not handle the plug or handset with wet hands or while standing in water.
11. Do not use if any electrical cords are exposed, damaged or cut or if the power supply box shows any sign of damage.

Abely assumes no responsibility for personal injury or property damage sustained by or through the use of this product.

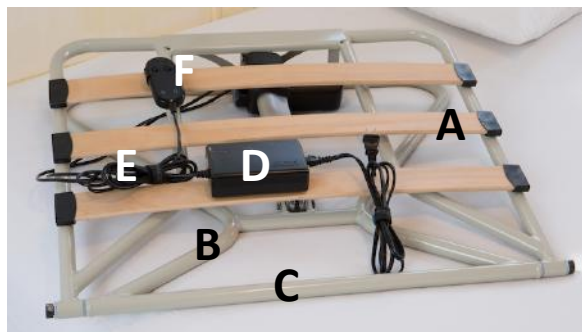
12. Disconnect the electrical plug from outlet before cleaning, moving, servicing or when not in use for an extended period of time.
13. To prevent suffocation, keep plastic bags away from children.
14. Always check before using your LiftMeUp recliner that it is properly positioned. Both extremities of the handle bar must be in contact with the surface where the LiftMeUp is used.
15. Always push the back of the LiftMeUp against a fixed support so it does not slip when the backrest is raised.
16. Always keep open flame and lit cigarettes away from this product.
17. Do not position the LiftMeUp under the mattress of your bed.
18. Do not use the motor continuously more than 2 minutes.
19. Do not put in contact with liquids, aerosol (spray) products or explosive gas.
20. Do not alter the design or remove labels.
21. In the event of a power failure, the recliner will not function. Do not try to push the backrest down or up manually, you will permanently damage the motor.
22. Do not allow electrical cords to be pinched between moving parts or between the frame and the surface it sits on.
23. Unplug the power cord immediately if you detect strange odors or fumes coming from the recliner.
24. Do not attempt to disconnect the power plug by pulling the power cord. Always hold the power plug and pull it out.
25. Polyurethane foam will turn yellow over time and when exposed to sunlight. The coloration is caused by the oxidation of the foam. However, it is not toxic, harmful in any way nor does it affect the performance of the foam. You can slow this yellowing by ensuring that the mattress is rarely exposed to natural light.

**If you give this product to someone else,
make sure to include this User's Manual.**

SAVE THESE INSTRUCTIONS

Getting to know your LiftMeUp Recliner

Familiarize yourself with the different parts of your LiftMeUp recliner as they are referred to in the different sections of this manual :



- A - Backrest (with the wooden slats)
- B - Base (in contact with the bed)
- C - Handle bar (used to carry)
- D - Power box
- E - Electrical cord
- F - Hand control

A profiled foam mattress, a fitted sheet and a safety strap are included with your LiftMeUp.

Handling the LiftMeUp Recliner

The LiftMeUp recliner is portable and was designed to be easily moved around.

Before moving the recliner:

- Remove the fitted sheet from around the frame of the LiftMeUp so you can move the foam topper independently from the recliner,
- Always bring the backrest down to its lowest position using the hand control,
- Disconnect the electrical plug from the wall outlet and secure all electric cords so they do not constitute a tripping hazard.

To safely carry the LiftMeUp recliner, always use the handle bar.



To transport or ship the LiftMeUp recliner:

- Use its original box,
- Always fold the foam topper around the frame of the recliner to carefully protect it,
- Pay special attention to the wires so they do not get trapped/pulled which could permanently damage the connections,
- Avoid any impact and handle gently so the motor and the frame do not get damaged.

Installing the LiftMeUp Recliner to elevate your chest

1. Position the LiftMeUp recliner on the mattress of your bed - where your pillow usually is – with the wooden slats facing up. The LiftMeUp recliner can be installed on either side of a queen or king size bed.
2. Make sure the whole base and the handle bar are entirely in contact with the mattress.



3. Check that the wires are properly routed and are free to move. Wires must not be pinched under the base or constricted in any way.



4. Plug the electrical cord into the wall. **CAUTION: Make sure the wire does not constitute a tripping hazard.**
5. On the hand control, press the ↑ button to raise the backrest. This is to test that all connections are working properly and to access the base.
6. Push the LiftMeUp recliner against the headboard of the bed or against a wall. Use the foam pads to avoid direct contact between the base and the headboard, especially if the headboard is not flat and to avoid any scratches.
7. Wrap the strap around each side of the base leaving the buckle easily accessible on the side of the bed (**Fig. 1**). Wrap the rest of the strap around the mattress, **NOT** around the box spring or around the bed frame. Try to keep the strap flat (i.e. not twisted) all around so it is easier to tighten it.

8. Push on the lever at the top of the buckle to show the “teeth” and thread the end of the strap from the back through the bottom slot (Fig. 2). Keep pushing on the top lever and pull the strap through the bottom slot until there is almost no more slack (Fig. 3).

9. Let go of the top lever to engage the “teeth” of the buckle in the strap and tighten by pulling with both hands on the strap (Fig. 4). The LiftMeUp should now be securely attached to the mattress (Fig. 5). Do **NOT** over tighten the strap.

10. If you need to release the strap, push on the lever at the top of the buckle to disengage the “teeth” and loosen the strap (Fig. 6).



Fig. 1



Fig. 2



Fig. 3



Fig. 4



Fig. 5



Fig. 6

11. Bring the backrest down almost to a flat position by pushing the ↓ button on the hand control.

Installing the LiftMeUp Recliner to elevate your chest (cont'd)

12. Position the foam topper on the backrest with:

- the yellow layer facing up,
- the thinner part toward the head of the user,
- the edge of its thicker side aligned with the top of the backrest.



13. Cover the foam mattress with the fitted sheet, stretching it over the plate of the backrest to secure the mattress in place.



14. Use the hook to position the hand control at a place easy to reach by the user.

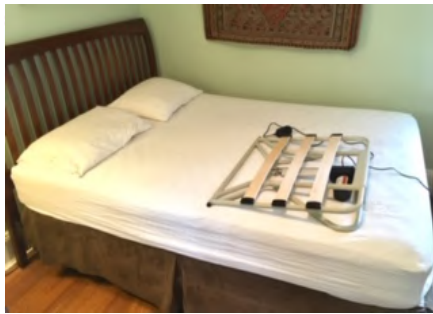
15. Your LiftMeUp is now ready to use!



- **Always check that the whole base and the handle bar are entirely in contact with the mattress**
- **Always use the strap provided to secure the LiftMeUp to the bed mattress.**
- **Do not position the LiftMeUp under the mattress of your bed**
- **Do not allow electrical cord to be pinched between moving parts or between the frame and the surface it sits on.**
- **Always install the LiftMeUp against a support so it does not slip when the backrest gets raised**


Installing the LiftMeUp Recliner to elevate your feet

1. Position the LiftMeUp recliner on the mattress of your bed - with the handle bar about half way between your hips and your knees when laying down - with the wooden slats facing up. The LiftMeUp recliner can be installed on either side of a queen or king size bed.
2. Make sure the whole base and the handle bar are entirely in contact with the mattress.



3. Check that the wires are properly routed and are free to move. Wires must not be pinched under the base or constricted in any way



4. Plug the electrical cord into the wall. **CAUTION: Make sure the wire is does not constitute a tripping hazard.** On the hand control, press the  button to raise the backrest. This is to test that all connections are working properly and to raise the backrest so you can access the base.
5. Wrap the strap around each side of the base leaving the buckle easily accessible on the side of the bed (**Fig. 1**). Wrap the rest of the strap around the mattress, **NOT** around the box spring or around the bed frame. Try to keep the strap flat (i.e. not twisted) all around so it is easier to tighten it.

Installing the LiftMeUp Recliner to elevate your feet (cont'd)

6. Push on the lever at the top of the buckle to show the “teeth” and thread the end of the strap from the back through the bottom slot (Fig. 2). Keep pushing on the top lever and pull the strap through the bottom slot until there is almost no more slack (Fig. 3).

7. Let go of the top lever to engage the “teeth” of the buckle in the strap and tighten by pulling with both hands on the strap (Fig. 4). The LiftMeUp should now be securely attached to the mattress (Fig. 5).

8. If you need to release the strap, push on the lever at the top of the buckle to disengage the “teeth” and loosen the strap (Fig. 6).



Fig. 1



Fig. 2

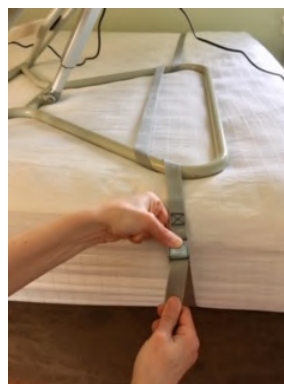


Fig. 3



Fig. 4

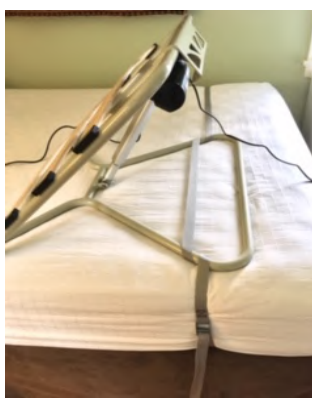


Fig. 5

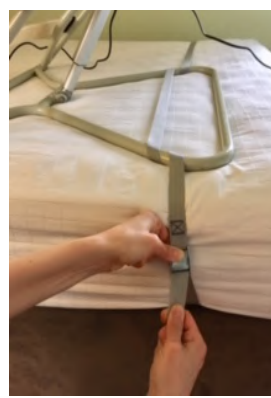


Fig. 6

9. Bring the backrest down almost to a flat position by pushing the ↓ button on the hand control.

10. Position the foam topper on the backrest with:
 - the yellow layer facing up,
 - the wedge angle toward the head of the user,
 - the edge of its thicker side aligned with the top of the metal frame.
11. Cover the foam mattress with the fitted sheet, stretching it over the plate of the backrest to secure the mattress in place.



12. Use the hook to position the hand control at a place easy to reach by the user.
13. Your LiftMeUp is now ready to use!



- **Always check that the whole base and the handle bar are entirely in contact with the mattress**
- **Always use the strap provided to secure the LiftMeUp to the bed mattress.**
- **Do not position the LiftMeUp under the mattress of your bed**
- **Do not allow electrical cord to be pinched between moving parts or between the frame and the surface it sits on.**

Operating the LiftMeUp to elevate your head



- Before operating the LiftMeUp recliner, always ensure that children and pets are a safe distance away.
- The recliner has moving parts; serious injury can occur if not used properly. Keep hands, fingers and body parts away from the mechanism when it is in use.
- Check that there are no objects (pillows, that could get trapped behind the backrest of the recliner when it moves or no obstacles (window seal, headboard design, ...) that would prevent it from moving freely.
- Never attempt to manually activate the LiftMeUp recliner.
- Always use the hand control to operate.
- Do not operate the motor continuously more than 2 minutes without resting it.

The optimal position varies for each user depending on height. Find the position that works best for you while keeping in mind that:

1. Your hips should be positioned as close as possible to the front of the recliner (the handle bar)
 2. **Your head should not extend past the edge of the recliner. Make sure there is no risk of hitting the headboard or wall.**
 3. Your back should remain flat at all time.
- Raise the backrest by activating the **↑** button on the hand control. As soon as you let go, the backrest stops in that position and remains there until one of the buttons is activated again.
 - Push the **↓** button on the hand control to lower the backrest to any comfortable position or all the way down.

You may decide to use a thinner pillow than usual to avoid any interference with the operation of the LiftMeUp.

For help getting in bed

Raise the backrest to its maximum position (vertical). Sit in the middle of the foam topper and as close as possible to the backrest and lean on it. Press the ↓ button continuously to lower the backrest and progressively start moving your legs up to bring them on the bed while rotating your torso, until you are lying comfortably on your back.

For help getting out of bed

Press the ↑ button continuously to raise the backrest and start moving your legs to the edge of the bed and toward the floor. Use the backrest for full support while slowly rotating your torso to transition to a sitting position.

Consider using our pillow holder (sold as an accessory) to avoid your pillow from moving/falling when the backrest is getting raised and when you get out of bed. It is especially useful to patients with limited range of motion in their arms or with neck/back issues.

Operating the LiftMeUp to elevate your feet



- **Before operating the LiftMeUp recliner, always ensure that children and pets are a safe distance away.**
- **The recliner has moving parts; serious injury can occur if not used properly. Keep hands, fingers and body parts away from the mechanism when it is in use.**
- **Check that there are no objects (pillows, clothing,...) that could get trapped behind the backrest of the recliner and no obstacles (window seal, footboard design, ...) that would prevent it from moving freely.**
- **Never attempt to manually activate the LiftMeUp recliner.**
- **Always use the hand control to operate.**
- **Do not operate the motor continuously more than 2 minutes without resting it.**

The optimal position varies for each user depending on height and torso/leg proportion but here are some key references:

1. Your hips should be positioned in front of the recliner (not on the recliner itself),
 2. Your back should remain flat at all time,
 3. Your legs should remain supported; if they are not, you are too far from the recliner,
 4. Your feet may extend beyond the edge of the recliner.
- Raise the backrest by activating the **↑** button on the hand control. As soon as you let go, the backrest stops in that position and remains there until one of the buttons is activated again.
 - Push the **↓** button on the hand control to lower the backrest to any comfortable position or all the way down.

You may decide to move the memory foam topper so it extends beyond the recliner to support your feet. It may also make the transition between the profiled end of the memory foam topper and your bed mattress more comfortable.

Care and Maintenance

For safe and trouble-free operation of your LiftMeUp recliner, it is important to perform routine preventive maintenance on a regular basis. Use only original parts for repair or replacement to maintain your recliner's warranty.



- **Disconnect the electrical plug from the wall outlet before moving and cleaning your LiftMeUp recliner.**
- **Do not submerge any parts of the LiftMeUp recliner, including handset and power supply, in water or liquids.**
- **Do not use alcohol or solvents on any parts of the LiftMeUp recliner**

- If needed, use a damp cotton cloth to wipe the frame and the wooden slats. Allow to air dry before using.
- Wash the cover of the memory foam topper as per instructions and as often as needed.
- Memory foam can only be spot cleaned. Machine washing would damage the fine structure of the foam.
 1. To remove stains, remove the foam topper from the recliner and place it somewhere where you can clean it and let it dry.
 2. Use a gentle laundry detergent such as those used for hand washing, mixing 1 part of detergent to 2 parts of warm water. Fill a spray bottle with the mixture, lightly spray the stain, and leave for 5 minutes.
 3. Blot the mixture out of the topper with a clean, dry towel. Repeat the process if necessary.
 4. Make sure it dries completely before using it again. If used while damp, the structure of the foam will be damaged.

Note: The memory foam will turn yellow over time and when exposed to sunlight. The coloration is caused by the oxidation of the foam and is permanent. It is not toxic nor harmful in any way. You can slow this yellowing by ensuring that the mattress is rarely exposed to natural light.

DAILY MAINTENANCE

1. Make sure that the whole base and the handle bar are entirely in contact with the mattress.
2. Check that the wires are properly routed and are free to move. Wires must not be pinched under the base or constricted in any way.

WEEKLY MAINTENANCE

1. Check all electrical cords and the power supply box for any signs of damage. Stop using immediately if damaged and contact our Customer Service for replacement parts.
2. Check that the screws on each side of the handle bar are tight. If loose, use a wrench to tighten them.

Troubleshooting



- **Stop using the LiftMeUp recliner immediately and disconnect the electrical plug from the wall outlet if any electrical cords are exposed, damaged or cut or if the power supply box shows any sign of damage.**
- **Unplug the power cord immediately if you detect strange odors or fumes coming from the recliner.**

If the LiftMeUp recliner does not work, check in this order that:

1. The power supply is properly plugged into the wall. The green LED on the power box should be on. If it is not, the electrical outlet might not be working. Check for tripped circuit breakers.
2. The electrical cords are not crimped, pinched or damaged.
3. The connector for the hand control is properly plugged into the motor. The green LED should come on when the handset buttons are pushed and the cover that protects the two wires coming out of the motor is securely screwed in place.
4. There are no objects/fabric/wire entrapped behind the backrest.
5. The maximum user weight (275 lbs/125kg) has not been exceeded.
6. The backrest is not fully raised or fully lowered.

**Never attempt to make any repairs or adjustments yourself!
Contact our Customer Service at 800.527.5097
if the problem persists.**

Technical Specifications

Maximum User Weight	275 lbs (125kg)
Dimensions L x W x H	Metal frame: 29 in x 25 in x 4.25 in Mattress: 52 in x 28 in x 2.5 in
Recliner Weight	21 lbs (power supply and hand control included)
Shipping Weight	31 lbs (mattress, cover and box included)
Power Supply	Input 100-240V
Motor Specifications	Cycle: 2 minutes ON max/18 minutes OFF minimum
Materials	Frame: steel Mattress: polyurethane foam (no flame retardants) TB 117-2013 compliant Sheet: 100% cotton
Hand Control	2 easy-to-push buttons (Up/Down) LED indicator
Operating range	Humidity: 30 to 75% Temperature: +50°F to +100°F

The LiftMeUp recliner is made in USA of U.S. and imported parts.

NOTES:

To order online and
for additional information, visit:
www.theLiftMeUp.com

To order over the phone and
for customer assistance:
Call toll-free 1.800.527.5097
Or email us at info@theLiftMeUp.com